

Importance of harmony among Emotions, Thoughts, and Language

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Article Received:05/5/2022,

Article Accepted: 07/06/2022,

Published online: 11/06/2022,

DOI:10.47311/IJOES.2022.4.6.06

Abstract

A language can only be mastered by mastering emotions and thoughts. Emotions are universal and perennial; they are, were, and will always be the same, at least at the level of desire and aspiration. A fragmented approach to seeing emotions might devastate us as it would never be accepted that the emotions of all humans can be the same. However, when seeing it with the perception of universality, it can easily be seen and found that there is a global harmony called Universal Human Values. It can be checked through introspection, observation, and survey. We are all humans, as humans want the same things, and our philosophical thoughts or even lexically sound language cannot help us if we are carrying a disturbance within our inner life. This research aims to help learners know the indispensability of harmony within emotions, thoughts, and language. Working on either lessens the chances of making one speak and communicate in a calm, composed, and effortless manner. The fusion of all three is the blend of invincibility, which can overcome any hurdles anyone from a rural, semi-urban, or urban background may encounter. This research paper emphasizes the prominence of resolved emotions, pensive thoughts, and clarity of language.

Keywords: Lack of thoughts, English language, blissful emotions, personality, and language.

Introduction

The synchronicity of blissful & positive emotions within a human, profound, precise & ample words & sentences in thoughts, and clarity of pronunciation & accents in the language play a vital role in learning this global language. When only one thing is focused, then the attained result always remains inadequate and discontented. Over the past ten years, it can be very frequently perceived by a couple of people that they have good familiarity with any language, e.g., their mother tongue and native language. However, when they do not carry positive emotions within themselves, when they do not feel contented and resolved within, they do not prioritize uttering some words. When they feel it an obligation to talk, their thoughts do not help them communicate the way they yearn to do. Maximum academic or professional units indoctrinate their students to work on their pronunciation, accents,

punctuation, word building, sentence structure, phonics, etc. However, it does not guarantee that they would be able to articulate their content as accurately as they are expected to do. This insufficient approach has been a hurdle for many who want to articulate well but cannot do so for an unknown reason. The uncertainty of speaking is not because of a lack of knowledge or thoughts but also a lack of peace within. The lack of peace damages thoughts and clarity up to a great level. If it is not noticed at its crucial stage, it becomes the reason for constant curiosity deterioration to talk to others and even self.

There is a need to understand that the emotions or goals of every human, which are for everyone, which all want to live with, and which have the power to make a person feel blissful everlastingly, are common. It is one of the thoughts that emotions cannot be bound in some words, but when it is observed with a broader point of you, then five things can be called and recognized as the five human targets that all humans want to feel as emotions.

Five human targets, which every human wants to attain and live with, are:

- 1) Being resolved & concluding within your thoughts.
- 2) Living a complaint-free life in relationships.
- 3) Prosperity in work, whether job or business.
- 4) Fearlessness in society.
- 5) Having a feeling of co-existence.

When someone lives with such emotions, it becomes so easy to communicate. Else talking to someone might make you feel like performing a superhuman task. Another more significant challenge is to transmit every critical thought in this global language, i.e., English. Over the past many years, much exploration has been done containing 25000 working hours, and one most straightforward formula has been taken out due to this enormous plod. This formula is to give language to the thought with a palpable cognizance instead of cramming the formulas to learn translation mechanically.

An extensive list is given below to understand the transmission from thought to language:



Thought - Past regular activities/ Past habits

Language transmission - Used to/would

Example – Rohan used to be very disobedient when he would come to our home.

Thought - Present Possessions

Language transmission – Has/have

Example: I understand life because my teacher has it too.

Thought - Past Possession

Language transmission – Had

For example, I had many obstacles, but I had the maturity to deal with them.

Thought - Future Possessions

Language transmission – I will have

Example – We will have prosperity in our work.

Thought - Present frequent activity

Language transmission – Keep/keeps

For example – I keep working hard for my dream because my father keeps motivating me to achieve it...

Thought - Past frequent activity

Language transmission – Kept

Example – I kept seeing things with a negative approach.

Thought - Future frequent activity

Language transmission – I will keep

For example – I will keep giving my hundred percent for my dream.

Thought - Permission

Language transmission – Let

Example – Let me think of myself.

Thought - Present less details/ specification

Language transmission – Main Verb's 1st form, do/does + Main verb 1st form

Example – He comes here regularly because I teach him properly.

Thought - Past less details/ specification

Language transmission – Main Verb's 2nd form, did + Main verb 1st form

Example – I visited the place last night.

Thought - Future less details/ specification

Language transmission – Will + Main verb 1st form

Example – She will win the heart of her in-law members with her good behavior.

Thought - Present more details/ specification

Language transmission – Is/are/am

Example – He is behaving so well with the customers that they are satisfied with the services, and I am ecstatic seeing all these.

Thought - Past more details/ specification

Language transmission – Was/were

Example – He was learning to speak English, and all his classmates were clapping for him.

Thought - Future more details/ specification

Language transmission – Will/ shall be

Example – They will be coming here by noon.

Thought - Present durational activity

Language transmission – Has been/has been

Example – He has been bothering himself due to his negative thoughts since childhood.

Thought - Past durational activity

Language transmission – Had been

Example – My positivity had been helping me to stay positive during Corona for two months.

Thought - Future durational activity

Language transmission – Will have been/ shall have been

Example – My sister will have been helping me forever.

Thought - Recent accomplishments & activities

Language transmission – Has/have

For example – I have not hurt anyone yet because my mother has taught me many good things.

Thought - Dead past (person or situation)

Language transmission – Had

Example – Raj Kapoor had given many super-hit movies in his time.

Thought - Future assurance & accomplishment

Language transmission – Will have/ shall have

Example – My friend will have passed his exam with flying colors.

Thought - Present Capability

Language transmission – Can

For example – I can do everything which I consider essential to me.

Thought - Past Capability

Language transmission – Could

For example – I could teach many students in the debut year of my teaching career.

Thought - Future Capability

Language transmission – Will be able to

Example – My brother will be able to understand me correctly.

Thought - Polite Request

Language transmission – Could

Example – Could you please help me in doing this work?

Thought - Past accomplishment with credit

Language transmission – Could

Example – I could learn to speak English because of a good teacher.

Thought - Past probabilities/ regrets

Language transmission – I could have

For example, he could have learned many things in summer camp but could not learn due to his negativity.

Thought - Future Aspiration

Language transmission – Could

Example – Parents do not want to scold you; they do it so that you can become accountable for your own life.

Thought - Day to day activities (present)

Language transmission – Is to/are to/am to

Example – I am to attend a marriage party today.

Thought - Day to day activities (past)

Language transmission – Was to/where to

Example – He was to pass his time, and he did so.

Thought - Day to day activities (future)

Language transmission – Will be to

For example – I will be to wake up early in the morning.

Thought - Enduring cum motivational activities (present)

Language transmission – Has to/ have to

For example – I have to become an inspirational personality for my parents.

Thought - Enduring cum motivational activities (past)

Language transmission – I had to

For example, Abdul Kalam had to remove the fear students had of exams, and he did it so well.

Thought - Enduring cum motivational activities (future)

Language transmission – I will have to

For example – I will have to do more hard work to reach my target.

Thought - Present helplessness

Language transmission – Is/ are/ am compelled to

Example – He is compelled to work even at night time.

Thought - Past helplessness

Language transmission – Was/ were compelled to

Example – We were compelled to leave study in mid due to poverty.

Thought - Future helplessness

Language transmission – Will be compelled to

Example – You will be compelled to face some challenges in your life.

Thought - Present suggestion

Language transmission – Should

Example – We should talk to our parents about all aspects of life.

Thought - Past suggestion

Language transmission – Should have

Example – He should have told me if he had some problems.

Thought - Present suggestion cum compulsion

Language transmission – Must

Example – He must take his classes seriously to gain confidence.

Thought - Past suggestion cum compulsion

Language transmission – Must have

Example – His parents must have understood his pain.

Thought - Necessity

Language transmission – I need to

Example – We need to become confident enough to perform on stage.

Thought - Pending/ remaining

Language transmission – Yet to

Example – All things are done; food is yet to be cooked.

Thought - Present to present guess

Language transmission – Would be

Example – He is not receiving my call; he is riding a bike.

Thought - Present to present definite guess

Language transmission – Must be

Example – She is recently engaged to a boy; she must be talking to him on call.

Thought - Present to past guess

Language transmission – Might be

Example – He might be minding that thing which you spoke to him about that day.

Thought - Present to future guess

Language transmission – Maybe

Example – I may be attending any seminar tomorrow, so may we meet the day after tomorrow?

The rapt attention on all the three essential pillars results in having prodigious expertise in English and its implementation in day-to-day life. There is a need to develop the personality explained in its connected manner as having resolved emotions. Two things have to be taken into immediate consideration, the first is to improve emotions, and the second is to synchronize thoughts and language. If the harmony among all three gets assured, then splendid consequences may be seen soon in this research's pursuers.

References: Self authored